

HEALTHCARE AND FIRST RESPONDER BEHAVIORAL HEALTH NEEDS SURVEY

It is important for members of the Healthcare and First Responder Community to address any mental and behavioral health needs that might arise.

In order to determine our community's needs, healthcare professionals and first responders are asked to please take a minute to answer a couple of questions about how you might reach out to a mental health service provider.

Would you be interested in meeting with a mental health professional?

- Individually
- In a group
- Both

Would you be interested in accessing services by phone or video?

- Phone
- Video
- Either

What stress are you currently experiencing?

- Emotional stress (depression, anxiety, anger)
- Trouble Sleeping
- Crying
- Trouble Staying Focused
- Other (please list stressor): _____

Would you like to attend a workshop to review any specific topics?

- No
- Yes

Would you like a Counselor to follow up with you upon receiving this survey?

- No
- Yes

Please provide a way to contact you:

Name:

Phone or email address:

Thank you for completing the Covid-19 Vaccine Survey.

Remember, ways to protect you and others from COVID-19 include:

Practice social distancing, wear a mask or face covering, wash your hands, stay home if you feel sick, choose your activities wisely.

For more information, please go to: www.epstrong.org